

SEPTEMBER 2017

MON

TUE

WED

THUR

FRI

Special Announcements

Lunch Prices

Paid \$2.60

Reduced \$0.40

Adult \$4.00

1% lowfat unflavored and fat free chocolate milk are available at breakfast and lunch daily. A variety of fruit juice, fresh and canned fruit choices are also available daily. Substitutions may sometimes need to be made with a nutritionally comparable meal item.



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



Good Eats at:
Paradise

Elementary

GET READY

FOR NATIONAL SCHOOL LUNCH WEEK!

OCTOBER 9-13

squaremeals.org/nslw

All Beef Hamburger or Cheeseburger
Wild Mike's Cheesy Bites with Marinara
Curly Fries
Ranch Style Beans

9.4

Labor Day

Holiday

4

Chili Cheese Nachos
Ham & Cheese Stuffed Baked Potato with Breadstick
Lemon Roasted Baby Carrots
Garden Salad

5

Chicken Nuggets with Honey Wheat Roll
Caprese Style Turkey Ciabatta Sandwich
Scalloped Potatoes
Cucumber & Cherry Tomatoes

6

Pulled Pork BBQ Sandwich
Mini Pepperoni Calzonettes
Baked Beans
Creamy Cole Slaw

7

All Beef Hamburger or Cheeseburger
Toasted Cheesy Bread with Marinara
Potato Smiles
Fresh Veggie Dippers

8

+200



+100

+50



Garlic French Bread Pizza
Tyson Chicken Wings with Garlic Texas Toast
Waffle Fries
Fresh Broccoli and Raisin Salad

11

Chicken Fajita Quesadilla
Chili Cheese Dog
Ranch Style Beans
Celery Sticks & Cherry

12

Popcorn Chicken with Honey Wheat Roll
Southwest Chicken Fajita Salad
Mashed Potatoes with Country Gravy
Green Beans with Ham

13

Breaded Chicken Drumstick with Macaroni and Cheese
Meatball Sub
Fresh Zucchini & Squash Sticks
Garden Salad

14

All Beef Hamburger or Cheeseburger
Fish Filet Sandwich
Crispy Tater Puffs
Sweet Corn on the Cob

15

Pepperoni Pizza Slice
Individual Fiesta Layered Dip with Tortilla Chips
Whole Kernel Corn
Garden Salad

18

Monterey Cheese Enchiladas with Homemade Ranchero Sauce
Chicken & Waffles
Ranchero Beans
Spinach & Strawberry Salad

19

Chicken Nuggets with Honey Wheat Roll
Turkey Bacon Ranch Wrap
Baked Potato Halves
Crunchy Baby Carrots

20

Sweet Thai Chicken with Asian Rice, Egg Roll and Fortune Cookie
Corn Dog
Steamed Broccoli
Fresh Veggie Dippers

21

All Beef Hamburger or Cheeseburger
Breaded Mozzarella Cheese Sticks with Marinara and Texas Toast
Curly Fries
Green Peas

22

Pepperoni Pizza Slice
Sloppy Joe on a Bun
Potato Smiles
Celery Sticks

25

Two Soft Tacos
Toasted Cheesy Bread with Marinara
Refried Bean Casserole
Fresh Veggie Dippers

26

Popcorn Chicken
Chef Salad
Honey Wheat Roll
Mashed Potatoes with Country Gravy
Green Beans with Ham

27

Italian Pizza Pasta Bake
Breaded Chicken Sandwich
Roasted Parmesan Broccoli
Crunchy Baby Carrots

28

All Beef Hamburger or Cheeseburger
Queso Blanco Nachos
Seasoned French Fries
Cucumber Coins

29

Fun facts on back!