

*Paradise Jr. High
School*

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Greg Fletcher Principal

Johna Ford Counselor

www.pisd.net

Dear 6th grade Parents:

Wise Hope Crisis Center in Decatur will be providing our students with a weekly lesson focusing on how to develop "Healthy Relationships" with their peers, parents, and teachers. The class will be on Wednesdays, starting Jan. 16, 2019 and will be taught during your child's Social Studies period. The class will run for 7 sessions ending March 6th. Attached, you will find the course outline of the topics that will be covered.

If you wish for your child to "opt out" of these presentations, please return this letter no later than Tuesday, October 16th to your child's Social Studies teacher. An alternate assignment will be given to your child if you do not wish for them to be a part of this class. **No further action is necessary if your child will participate in the class as scheduled.**

Please contact Mrs. Ford at 940-969-5029 if you have any further questions.
Thank you!

Johna Ford
Paradise Junior High Guidance Counselor

Please initial below:

_____ I do **not** give permission for my child to participate in the 6th grade healthy relationships class.

Child's name: _____

Social Studies class period and teacher: _____

Parent Signature: _____ Date: _____

Healthy Relationships

Class Goals:

1. To understand the components of a healthy relationship.
2. To state what is important to you in a relationship: a) values b) opinions
3. To articulate concrete ways to improve upon negative situations.

Course Objectives:

- To define relationship & respect.
- To examine respect within all relationships.
- To evaluate relationships, with RESPECT being the standard.
- To acknowledge the basic rights, basic truths, and basic responsibilities in relationships.
- To utilize sympathy compassion, and empathy in relationships.
- To understand and utilize bystander intervention in minimizing incidences of bullying and dating violence in the school and community.
- To address acceptable and unacceptable behavior between genders, ethnicities, and cultures, while maintaining self-respect in relationships.
- To implement tools for conflict resolution in daily life.
- To identify precursors to Teen Dating Violence and boundaries of the Law in regard to Sexual Assault.

Classroom Needs:

- The *Healthy Relationship* facilitator will bring printed materials needed for the class.
- Access to projection screen and internet within the classroom.
- The program works best in classrooms settings, however, modifications can be made if necessary.
- Some schools opt to send a letter to parents to explain the program and encourage discussion at home.

Healthy Relationship Class

Middle School Curriculum

Session One: “Healthy Relationships = Respect”

Session Two: “Words Have Power”

Session Three: “Words Have Power Part 2”

Session Four: “Culture Diversity”

Session Five: “Be the Change”

Session Six: “Public Service Announcement”

Session Seven: “Conflict Resolution”